

# Valley Rural Electric Cooperative, Inc.

A Touchstone Energy® Cooperative 



One of 14 electric cooperatives serving Pennsylvania and New Jersey

## VALLEY RURAL ELECTRIC COOPERATIVE, INC.

10700 Fairgrounds Road  
P.O. Box 477  
Huntingdon, PA 16652-0477  
814-643-2650  
1-800-432-0680  
www.valleyrec.com

### BOARD OF DIRECTORS

**James Stauffer**  
Chairman  
Allegheny Director

**Leroy Barnes**  
Vice Chairman  
PREA Director

**Cindy Bigelow**  
Secretary

**Randall Huntsman**  
Treasurer

**Gregory Henry**  
**Linda McMath**  
**Kenneth Soder**  
**Kevin States**  
**Joanne Whitsel**

**Corporate Office Hours**  
Monday - Thursday  
7 a.m. - 5:30 p.m.

**Huntingdon/Martinsburg/Shade Gap**

**Office Hours**  
Monday - Thursday  
7 a.m. - 5:30 p.m.

**Outages & Emergencies**  
1-800-432-0680

# COOPERATIVE CONNECTION

## Guest Column

## The Value of the Cooperative Connection



**OCTOBER IS NATIONAL CO-OP MONTH**, and Valley Rural Electric Cooperative (REC) often observes this special month by highlighting and promoting the Co-op Connections® program.

The cooperative has participated in this free member-discount program since 2011. From the early days of its first website and plastic cards to its recently redesigned website and mobile app, Co-op Connections has evolved to bring more savings and benefits to co-op members in a more user-friendly format.

Two stalwarts of Valley REC's program have been the local participating businesses and the pharmacy discount benefit. Since September 2011, Valley REC members have saved almost \$89,000 on nearly 4,000 prescriptions, with the average amount saved per prescription being 50%. Small businesses in our communities also continue to provide discounts and special offers to members. Every October, a list of these participating businesses, along with their discounts, appears in this section. Turn the page for this year's participants.


Co-op Connections offers other, less well-known benefits, too. In addition to prescription discounts, the Healthy Savings benefit provides discounts on medical services at participating providers. You can save 20% to 40% on most dental services. You also can save 10% to 60% on many vision services, including eye exams, prescription eyewear, contact lenses and laser surgery. You can receive discounts and help finding affordable solutions for hearing aids. You can save up to 60% on diabetic testing supplies and 30% to 50% on chiropractic services. And you can save 10% to 80% on lab tests and 40% to 75% on MRI and CT scans.

Another benefit of Co-op Connections is access to discounts on travel and entertainment. Planning a trip? You can save 10% to 60% on hotels, rental cars and flights. Looking for some fun? You can save up to 40% on movie, concert, theater or sporting event tickets and up to 50% on water park and theme park tickets. Lastly, you can even save on Sam's Club and AARP memberships.

You can also save when it comes to your safety and security. Exclusive discounts on insurance, including life, home and auto, are available. The recently added Member Protect Plus package provides identity theft protection, a credit score simulator, cellphone protection, and 24/7 roadside assistance for a discounted monthly fee.

If you own a local business and would like to participate in the program, please contact us. There are no fees to participate, and you can create any type of discount or special offer. Participating businesses get free advertising on the program's website.

For more information about the benefits of the Co-op Connections program, visit valleyrec.com and click on the image of the Co-op Connections card on the right side of the page. If you have not already done so, create an account and then log into the program's website. You can browse and learn more about the benefits. You can also download the updated mobile app from the Apple App or Google Play stores. The revised app includes a GPS deal finder, a favorites list, a savings tracker and a digital version of the Co-op Connections card. You can even print a paper copy of the card. If you prefer a plastic card, contact us, and we can mail one to you.

As the holiday shopping season approaches, there is no better time than now to see how the Co-op Connections program can save you money. This is one more way Valley REC demonstrates its concern for community. To contact us, call 800-432-0680 or email [memberservices@valleyrec.com](mailto:memberservices@valleyrec.com) 

Cooperatively yours,

**JOHN H. BOOKWALTER JR.**  
SPECIAL PROJECTS COORDINATOR

# Co-op Connections: Your Link to Savings

As a Valley Rural Electric Cooperative member, you can use the free Co-op Connections® app or card to receive valuable discounts at the local businesses listed on these pages, as well as at numerous national retailers.

Keep this directory handy to identify local participants. Also, keep an eye out for the Co-op Connections card decals on doors or cash registers where you shop.

For an up-to-date list of participating businesses and their discounts, along with many other offerings and savings, visit valleyrec.com and click on the image of the Co-op Connections card on the homepage. Once on the Co-op Connections site, scroll down to get the app or sign up and log in to see all of the benefits available to you.



## AUTOMOTIVE/MOTORCYCLE

### **J&P Auto Mart**

1906 Pleasant Valley Blvd., Altoona  
Offer: \$1,000 off purchase of any vehicle.  
Limit one per vehicle. Can't be combined with any other offer/sale. Not applicable for prior purchase.

### **Pro-Trans**

2400 Commercial Blvd., State College  
Offer: 5% off transmission service and repair.

## CONTRACTORS/BUILDING SUPPLY

### **Adams Electric, Inc.**

870 31st St., Altoona  
Offer: 10% discount on electrical estimates.

### **Center Region Stone Supply**

3462 Birmingham Pike, Tyrone  
Offer: 10% off retail prices on Appleridge stone, FireRock fireplaces and Holland grills.

### **Dennis A. Heeter Heating & A.C.**

7583 Bridge St., Alexandria  
Offer: \$100 off installation of new heating or cooling unit.

### **Fink Brothers Supply**

961 Pennsylvania Ave., Tyrone  
Offer: 20% off in-stock PPG paints.

### **G.B. Wineland & Son, Inc.**

201 S. Railroad St., Martinsburg  
Offers: 5% off Polaris insulated doors and/or 5% off five or more Polaris windows.

### **Gary's Homes, Inc.**

13270 Lincoln Highway, Everett  
Offer: 10% discount on parts purchased in our parts store.

### **ImPressive Floors, Inc.**

118 S. Richard St., Bedford  
Offers: 10% off any cash-and-carry item from the store; \$20 off any ordered special materials, 144 square feet or more; \$20 off any two or more Hunter Douglas window treatments. These offers cannot be combined with any other offer.

### **Joseph T. Berrena Mechanicals, Inc.**

279 Standing Stone Ave., Huntingdon  
Offers: 20% off Hydroflow S38 chemical-free water treatment device; 10% off parts

and service.

### **Lewistown Floor Company**

518 W. 4th St., Lewistown  
Offer: 10% off any carpet purchase over 450 square feet (50 square yards).

### **Mount Union Lumber & Supply, Inc.**

114 W. Poplar St., Mount Union  
Offer: Receive a \$200 rebate on the purchase of any one of the following Fujitsu mini-split units: 9RLS3Y, 12RLS3Y, 15RLS3Y, 18RLXFZ Dual-headed unit, and 24RLXFZ Triple-headed unit. Please notify retailer at the time of purchase about the card.

### **PJs Hearth & Home Heating**

2447 Quaker Valley Road, New Paris  
Offer: 5% off anything in the store, including installations and cleanings.

### **Rick Worthy Contracting, Inc.**

10321 Sugar Grove Road, Huntingdon  
Offer: 5% discount.

### **Superior Floorcoverings & Kitchens, LLC**

393 Beddington Blvd., Suite 101B, Chambersburg  
Offer: 7% discount; cannot be combined with other discounts.

## DINING/FOOD

### **Allegro Restaurant**

3926 Broad Ave., Altoona  
Offer: Buy one dinner entree and receive \$5 off the second dinner entree. Not applicable to alcoholic beverages, lunch menu, family-style menu and dinner-for-two menu. Maximum value \$5. Not redeemable for cash.

### **Couch's Subs & Groceries**

13605 Greenwood Road, Huntingdon  
Offer: 5% discount on any menu item.

### **Hobo's Restaurant**

180 Hyndman Road, Hyndman  
Offer: 10% off daily special or dinner entree (dine-in only).

### **J.P. Edward's Grill and Bar**

203 S. Logan Blvd., Burnham  
Offer: 10% off, excluding alcohol and

specials.

### **Jethro's, LLC**

417 Parkview Lane, Altoona  
Offer: 10% off. Not valid after 4 p.m. Fridays & Saturdays, on holidays or with any other discount; excludes tax, alcohol & gratuity.

### **Queen City Fruit & Produce**

125 E. Central Way, Bedford  
Offer: 50 cents off product not already discounted.

### **Speck's Deli & Gourmet Pizza**

12144 William Penn Highway, Huntingdon  
Offer: 10% off menu-priced items; value meals and promotions excluded.

### **Wild Annie's**

300 Lowry Drive, McConnellsburg  
Offer: 10% of your entire order.

## ENTERTAINMENT

### **Holiday Bowl**

11862 William Penn Highway, Huntingdon  
Offer: Free shoe rental for cardholder.

### **Isett Heritage Museum**

11941 Stone Creek Ridge Road, Huntingdon  
Offer: \$1 off admission.

### **Lincoln Caverns & Whisper Rocks**

7703 William Penn Highway, Huntingdon  
Offer: \$1 off all adult tickets during regularly scheduled tours. Not valid during special events or in combination with other discounts.

### **Rockhill Trolley Museum**

430 Meadow St., Rockhill Furnace  
Offer: Buy one ticket, get one ticket free. Not valid for special events.

## HEALTH, BEAUTY & FITNESS

### **Angelina's Spa Motion**

250 1st Ave., State College  
Offer: \$5 off any massage service and/or product order or gift card of \$35 or more.

### **HMJ PATCH Program**

900 Bryan St., Suite 5, Huntingdon  
Offer: Free quit-tobacco program: free support, free resources, free nicotine

patches/gum.

**Huntingdon Vision Center, Ltd.**

828 Washington St., Huntingdon  
Offer: 5% off total bill when paid with cash or check at time of service (excludes vision plans).

**Modern Family Dentistry**

3195 Cold Springs Road, Huntingdon  
Offer: \$75 off a new patient exam, cleaning and X-rays (must be a new patient of record).

**S'Hair-Eng Styling Salon**

139 Kelly Alley, State College  
Offer: 10% discount on all chemical and color services.

**HOME, GARDEN & FARM**

**Antietam Iron Works & Powder Coating, LLC**

201 Lincoln Way West, Suite 100, McConnellsburg  
Offers: Powder coating: 10% off order (for first-time customers); 10% off iron fence or railings (max. discount \$200); 10% off gift shop items. Must mention card when placing order.

**BluAcrs, LLC**

12 Black St., Williamsburg  
Offers: \$250 discount on pond dredging and permit plan; \$100 discount on wetland delineation.

**CCI Cleaning Connection, Inc.**

1107 Locust St., Chambersburg  
Offers: Save 20% on initial service(s) with signed contract; save 10% on any other service. Not valid with coupon offers.

**Chimney Doctor**

9608 Lincoln Highway, Bedford  
Offers: \$20 off chimney sweep; \$50 off chimney repair.

**Envinity, Inc.**

25 Decibel Road, Suite 205, State College  
Offer: \$100 toward a comprehensive home energy audit. Audit includes a blower door test, thermal imaging, a solar site assessment and a comprehensive report on all energy saving opportunities in your home.

**Hines Feed Store**

210 S. Juniata St., Hollidaysburg  
Offer: 5% off, excluding feed and fertilizer.

**Mid State Chimney Sweeps, LLC**

595 Calhoun Road, Everett  
Offers: \$10 off any chimney cleanings; 10% off any chimney liner, installed.

**Mill Hill Farm Supply, Inc.**

161 Mill Hill Road Williamsburg and 618 Canal St., Williamsburg  
Offer: \$5 off any \$25 purchase.

**Potted Memories Greenhouse**

5118 Piney Creek Road, Williamsburg  
Offer: 10% off purchase of \$50 or more.

**Raystown Decorator Fabric**

7163 William Penn Highway, Alexandria  
Offer: 20% off fabrics in stock.

**Roberts Four Season**

**Power Equipment**  
613 N. Logan Blvd., Altoona  
Offer: 5% off purchase of new mower.

**OFFICE/PROFESSIONAL SERVICES**

**D-Signs**

2816 U.S. 522 South, McVeytown  
Offer: 10% off all purchases.

**Film Center (The)**

3415 Pleasant Valley Blvd., Altoona  
Offer: 50 4-by-6-inch photo-lab quality prints from your digital camera for just \$10, next-day pickup required.

**Huntingdon Offset Printing Company**

1515 Penn St., Huntingdon  
Offer: Buy 500 full-color, one-sided business cards, get 500 free of the same card.

**Julie's K-9 Kuts**

14310 Croghan Pike, Mount Union  
Offers: 10% off merchandise (except those sold on consignment) and 5% off all grooming services.

**Manning Photography**

560 Oak Lane, Tyrone  
Offer: \$50 gift certificate (cannot be combined with other offers).

**MJH Services**

126 E. Pitt St., Suite 2B, Bedford  
Offer: \$10 discount on tax return preparation.

**One-Stop Communications**

126 Electric Ave., Lewistown  
Offers: \$10 off any wireless phone and 20% off standard phone accessories.

**Paul Prough Photography**

59 Lower Country Club Road, Mount Union  
Offer: 10% discount on all orders.

**Tiny Tots Childcare and**

**Learning Center, LLC**  
22965 Croghan Pike, Shade Gap and 55 N. Riverside Drive, Mount Union  
Offers: 5% discount to families that are enrolled Monday-Friday; \$25 per child for date night care or "Parents Night Out."

**RECREATION/SPORTS**

**Bear Creek RV**

17481 Raystown Road, James Creek  
Offer: 10% off regular-priced items.

**Chambersburg Skydiving Center, Inc.**

3506 Airport Road, Chambersburg

Offer: \$10 off any student training jump: tandem, static line or accelerated free-fall.

**Freedom RV Rentals**

360 Travelers Road, East Freedom  
Offer: 15% discount.

**Saxton Outdoor Supply**

10520 Raystown Road, Saxton  
Offers: 15% off any in-stock bait; 10% off any in-stock Carhartt item (one item only per purchase).

**RETAIL**

**Prospector Jewelers**

1514 Cove Lane Road, Martinsburg  
Offer: 10% discount.

**Raystown Electronics, Inc.**

14188 Croghan Pike, Mount Union  
Offer: Discount varies with product.

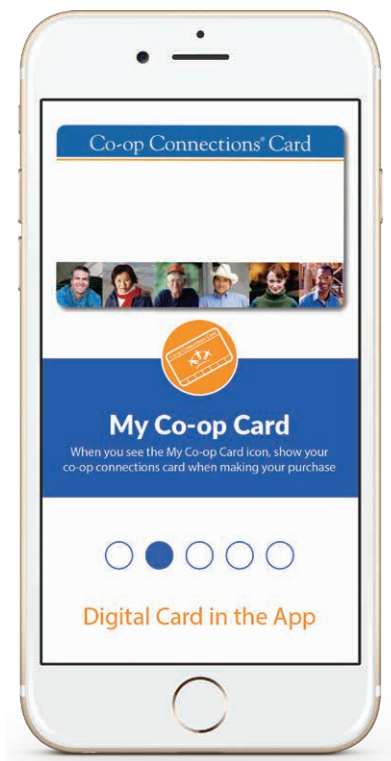
**Vintage Jewelry Chest**

8493 Woodbury Pike, Hollidaysburg  
Offer: 20% discount.

**TRAVEL**

**Penn Stater Conference Center Hotel (The)**

215 Innovation Blvd., State College  
Offer: Complimentary guestroom upgrade (based upon availability). 📍



**THERE'S AN APP FOR THAT:** The Co-op Connections program features an app, available in the Apple App and Google Play stores, that features a GPS deal finder, a favorites list, a savings tracker and a digital version of the Co-op Connections card.

# Co-op's Head of Member Services Returns from Third Military Deployment to the Middle East

**DOUG ROLES, VALLEY RURAL ELECTRIC** Cooperative's (REC) vice president of member services, returned in September from his third deployment to the Middle East with the Pennsylvania Army National Guard. Roles was mobilized with approximately 500 soldiers from the 28th Infantry Division's Headquarters Battalion, based in Harrisburg.

Now, he is back to work at the cooperative's corporate office near Huntingdon.

"The co-op has been very supportive of my military service," Roles says. "I appreciate the way my co-workers took on my workload, in addition to their own normal duties, during my absence."

Roles serves as editor of Valley REC's local pages in *Penn Lines* magazine. He also plays a significant role in planning co-op events, such as the annual meetings and district nominating meetings, and manages media relations.

Some of his work for the cooperative mirrors what he has done for the military. Roles, who holds the rank of master sergeant, is a print journalist in the division's public affairs office.

He spent most of his deployed time in Qatar, participating in the same mission as his deployment to Kuwait in 2018. The headquarters battalion again provided mission command with several thousand troops conducting security operations throughout the Middle East. Additionally, the battalion conducted training directly with partner-nation military units in countries, including Kuwait, Jordan, United Arab Emirates, Qatar and Egypt.

Roles has served in the Pennsylvania National Guard



TRAVIS KUHSTOS

**THANK YOU FOR YOUR SERVICE:** Doug Roles, Valley REC vice president of member services, sits at his desk prior to his deployment to the Middle East with the Pennsylvania National Guard.

since 2002. In addition to the 2018 mobilization, he previously deployed to Iraq in 2008-2009 with the division's 56th Stryker Brigade Combat Team. He has also participated in overseas training in Egypt, France, Lithuania and South Korea. During the summer of 2022, he spent nearly four weeks at the National Training Center at Fort Irwin, Calif., as part of a 20-soldier senior trainer team.

"Certainly, I missed my family while overseas," Roles says, "but I can also say I genuinely missed my Valley REC family. I'm excited to be part of the co-op team again and look forward to serving our members."

Doug and his wife, Jody, have a 21-year-old son, Hunter. They live in McVeytown, Mifflin County. 🇺🇸



## Focused on YOU.

Electric cooperatives were created to serve their members. Because we're a co-op, we're able to adapt to our community's unique needs. That's the power of co-op membership.

**OCTOBER IS NATIONAL CO-OP MONTH**